

Academic Year 2025-26: Module Plan - Year 7

		Group A		Group B		Group C		Group D	
		Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2
7 LYME	Week A Mon 3 & Fri 1	IRS	IRS	JVH	JVH	TK	TK	HLM	DJL
	Week B Wed 2 & Fri 1	IRS	IRS	JVH	JVH	TK	TK	HLM	DJL
Module	Weeks	Sport							
Induction Block	1 Lesson 1	Intro - Fundamentals							
	1 Lesson 2 and 3	Striking and Fielding (LY) / Running (ME) - following lesson - Striking and Fielding (ME) / Running (LY)							
	2 Lesson 2	Atomic Tag							
Grouping based on initial induction									
Module 1	5	Rugby	Netball	Rugby	Netball	Badminton	Dance	Dance	Badminton
Half Term									
Module 1	1	Rugby	Netball	Rugby	Netball	Badminton	Dance	Dance	Badminton
Module 2	6	Badminton	Dance	Dance	Badminton	Gymnastics	Hockey	Hockey	Gymnastics
Christmas Holidays									
Module 3	6	Football	Basketball	Football	Gymnastics	Netball	Fitness and Health	Fitness and Health	Netball
Half Term									
Module 4	5	Hockey	Gymnastics	Basketball	Hockey	Football	Basketball	Football	Basketball
Easter Holidays									
Module 5	6	Athletics	Striking and Fielding	Athletics	Striking and Fielding	Volleyball / OAA	Tennis	Tennis	Volleyball / OAA
Half Term									
Module 6	8	Volleyball / OAA	Tennis	Tennis	Volleyball / OAA	Striking and Fielding	Athletics	Striking and Fielding	Athletics
Summer Holidays									

Academic Year 2025-26: Module Plan - Year 8

		Group A		Group B		Group C		Group D	
		Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2
8 AD	Week A Mon 2 & Wed 3	TK	TK	HLM	HLM	IRS	IRS	JVH	JVH
	Week B Wed 3 & Thur 2	TK	TK	HLM	HLM	IRS	IRS	JVH	JVH
Module	Weeks	Sport							
Module 1	7	Rugby	Netball	Rugby	Netball	Badminton	Dance	Dance	Badminton
Half Term									
Module 2	7	Badminton	Dance	Dance	Badminton	Gymnastics	Hockey	Hockey	Gymnastics
Christmas Holidays									
Module 3	6	Football	Basketball	Football	Gymnastics	Netball	Fitness and Health	Fitness and Health	Netball
Half Term									
Module 4	5	Hockey	Gymnastics	Basketball	Hockey	Football	Basketball	Football	Basketball
Easter Holidays									
Module 5	6	Athletics	Striking and Fielding	Athletics	Striking and Fielding	Volleyball / OAA	Tennis	Tennis	Volleyball / OAA
Half Term									
Module 6	8	Volleyball / OAA	Tennis	Tennis	Volleyball / OAA	Striking and Fielding	Athletics	Striking and Fielding	Athletics
Summer Holidays									

Academic Year 2025-26: Module Plan - Year 9

		Group A		Group B		Group C	
		Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2
9ABC	Week A Tue 4, Thur 1	TK	TK	HLM	HLM	JVH	IRS
	Week B Mon 2, Thur 1	TK	TK	HLM	HLM	IRS	JVH
9DEF	Week A Mon 4, Thur 2	TK	TK	JVH	HLM	HLM	DRW
	Week B Mon 1, Fri 2	TK	IRS	JVH	HLM	HLM	DRW
Module	Weeks	Sport					
Module 1	7	Handball	Rugby	Netball	Rugby	Hockey	Handball
Half Term							
Module 2	7	Hockey	Basketball	Basketball	Hockey	Netball	Table Tennis
Christmas Holidays							
Module 3	6	Badminton	Football	Football	Badminton	Creative	Fitness and Health
Half Term							
Module 4	5	Creative	Fitness and Health	Fitness and Health	Creative	Badminton	Football
Easter Holidays							
Module 5	6	Athletics	Striking and Fielding	Athletics	Striking and Fielding	Athletics	Tennis
Half Term							
Module 6	8	Volleyball / OAA	Tennis	Tennis	Volleyball / OAA	Striking and Fielding	Teachers Choice
Summer Holidays							